



Peer Mentoring Program

Mission:

Radically Empowering Students in Slaying Temptation

Goals:

- To provide mentoring relationship between older and younger youth—Positive Role Models!
- To increase assets in the lives of youth.
- To promote healthy passages for youth during high-risk transitional periods from elementary school to middle school.
- To develop the inner character of youth to make abstinence from high-risk behavior a truly viable alternative.
- To provide ongoing support to teens who have chosen abstinence from high-risk behaviors.
- To instill leadership and life skills in high school students.



Description:

The RESIST Peer Mentoring Program is offered through the WeldWAITS Program at the Weld County Department of Public Health and Environment. It is a cascading model made up of high school and middle/elementary school students. WeldWAITS staff mentor, train and equip carefully selected high school students who will lead adult supervised meetings with younger students. During the meetings the students will participate in recreational and relationship building activities, educational opportunities and small group mentoring sessions. Topics that will be discussed include goal setting, character, media and self-image, friendship, boundary setting, assertiveness and refusal skills and avoiding alcohol and drugs. This program will be a fun and interactive way to educate, equip and empower students to make positive life choices today that will lead to a successful future.

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