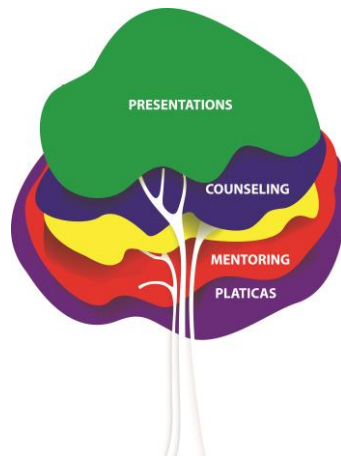


WeldWAITS SAMPLE Scope and Sequence

6 th Grade	7 th Grade	8 th Grade	9 th Grade
<p style="text-align: center;">Personal Power</p> <ul style="list-style-type: none"> ▪ Feelings ▪ Personal responsibility ▪ Choices ▪ Celebrating successes & good choices 	<p style="text-align: center;">Personality Styles</p> <ul style="list-style-type: none"> ▪ Determine your style ▪ Communication with each style ▪ Strengths and weaknesses in each style 	<p style="text-align: center;">“BITT” of Advice</p> <ul style="list-style-type: none"> ▪ Golden Rule Activity ▪ Boundaries ▪ Intentionality ▪ Talk (concentric circles activity, communication skills) ▪ Time 	<p style="text-align: center;">BITT of Advice for the Journey</p> <ul style="list-style-type: none"> ▪ Goals and Decision Making ▪ Barriers to Making Good Decisions ▪ Consent ▪ Relationship Traps ▪ 6 C’s for Health Relationships
<p style="text-align: center;">Importance of Friendships</p> <ul style="list-style-type: none"> ▪ Qualities of a good friend ▪ Toxic friendships ▪ Avoiding peer pressure 	<p style="text-align: center;">Media Influences</p> <ul style="list-style-type: none"> ▪ Media PP ▪ Influence of media ▪ Positive and negative aspects of social media on relationships 	<p style="text-align: center;">Unhealthy Relationships</p> <ul style="list-style-type: none"> ▪ Types of relationships to avoid (abusive relationships) ▪ Grooming Tactics ▪ <i>Don’t Let Yourself</i> Video 	<p style="text-align: center;">STIs</p> <ul style="list-style-type: none"> ▪ Common STIs—transmission, symptoms, testing, treatment, prevention ▪ Swapping Juices Activity ▪ Crowded Bed Activity
<p style="text-align: center;">Draw the Line</p> <ul style="list-style-type: none"> ▪ Setting healthy boundaries ▪ Developing refusal skills ▪ Making wise life choices 	<p style="text-align: center;">Crushes, Infatuation, Love (Part 1)</p> <ul style="list-style-type: none"> ▪ 4 types of love ▪ Define crushes, infatuation, love ▪ Giving away your heart activity 	<p style="text-align: center;">Steps of Physical Intimacy</p> <ul style="list-style-type: none"> ▪ Steps ▪ Boundaries ▪ Refusal skills (NICE, Not “I”) 	<p style="text-align: center;">Other Available Lessons</p> <ul style="list-style-type: none"> ▪ Protection lesson including contraception
<p style="text-align: center;">Speak Your Line</p> <ul style="list-style-type: none"> ▪ Importance of communicating your boundaries ▪ Practical refusal skills (N.I.C.E.) 	<p style="text-align: center;">Crushes, Infatuation, Love (Part 2)</p> <ul style="list-style-type: none"> ▪ Dating grid—4 W’s of Dating ▪ 7 dating steps ▪ Personal boundaries 	<p style="text-align: center;">Conclusion and Wrap-Up</p> <ul style="list-style-type: none"> ▪ Continuation of Steps of Physical Intimacy and BITT 	



Contact Information:

Weld County Department of Public Health and Environment
 WeldWAITS
 1555 North 17th Avenue, Greeley, CO 80631
 970.400.2379 or 970.400.2423
www.weldwaits.com

