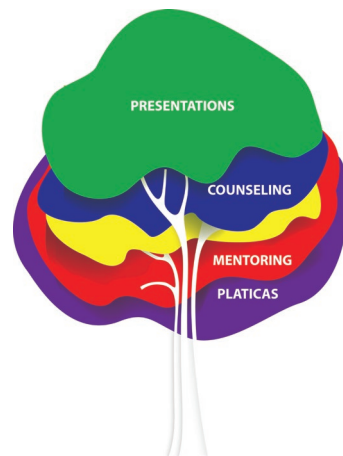


WeldWAITS SAMPLE Scope and Sequence

6 th Grade	7 th Grade	8 th Grade	High School
Personal Power <ul style="list-style-type: none"> ▪ Feelings ▪ Personal responsibility ▪ Choices ▪ Celebrating successes & good choices 	Personality Styles <ul style="list-style-type: none"> ▪ Determine your style ▪ Communication with each style ▪ Strengths and weaknesses in each style 	“BITT” of Advice <ul style="list-style-type: none"> ▪ Golden Rule Activity ▪ Boundaries ▪ Intentionality ▪ Talk (concentric circles activity, communication skills) ▪ Time 	Strategies for Informed Dating <ul style="list-style-type: none"> ▪ Goals and Decision Making ▪ Barriers to Making Good Decisions ▪ Consent ▪ Relationship Traps ▪ 6 C’s for Healthy Relationships
Importance of Friendships <ul style="list-style-type: none"> ▪ Qualities of a good friend ▪ Toxic friendships ▪ Avoiding peer pressure 	Media Influences <ul style="list-style-type: none"> ▪ Media PP ▪ Influence of media ▪ Positive and negative aspects of social media on relationships 	Unhealthy Relationships <ul style="list-style-type: none"> ▪ Types of relationships to avoid (abusive relationships) ▪ Grooming Tactics ▪ <i>Don’t Let Yourself</i> Video 	STIs <ul style="list-style-type: none"> ▪ Physical, mental, emotional, social, spiritual, financial consequences ▪ Goals and decision making ▪ Common STIs—transmission, symptoms, testing, treatment, prevention ▪ Swapping Juices Activity ▪ Crowded Bed Activity
Draw the Line <ul style="list-style-type: none"> ▪ Setting healthy boundaries ▪ Developing refusal skills ▪ Making wise life choices 	Crushes, Infatuation, Love (Part 1) <ul style="list-style-type: none"> ▪ 4 types of love ▪ Define crushes, infatuation, love ▪ Giving away your heart activity 	Steps of Physical Intimacy <ul style="list-style-type: none"> ▪ Steps ▪ Boundaries ▪ Refusal skills (NICE, Not “I”) 	Protection <ul style="list-style-type: none"> ▪ Sexual risk avoidance and sexual risk reduction ▪ Contraception
Speak Your Line <ul style="list-style-type: none"> ▪ Importance of communicating your boundaries ▪ Practical refusal skills (N.I.C.E.) 	Crushes, Infatuation, Love (Part 2) <ul style="list-style-type: none"> ▪ Dating grid—4 W’s of Dating ▪ 7 dating steps ▪ Personal boundaries 	Conclusion and Wrap-Up <ul style="list-style-type: none"> ▪ Continuation of Steps of Physical Intimacy and BITT 	



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