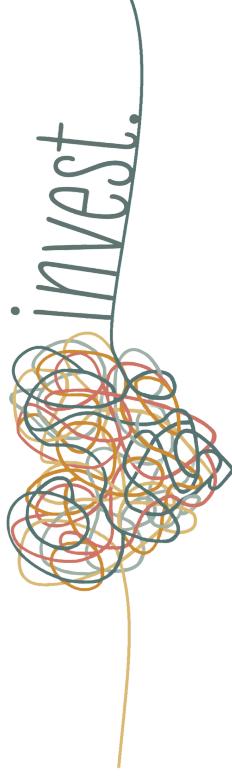
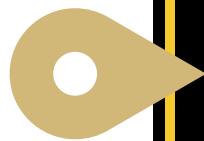


WeldWAITS Curriculum Map

Scope and Sequence developed to meet the local needs of Weld County School Districts



5th Grade Introduce



Grade Level Expectations: Understand the physical, mental, emotional and social changes that occur during puberty. Describe the human reproductive system.

Grade Level Expectations: Identify qualities of healthy relationships. Recognize the importance of boundaries. Demonstrate refusal skills. Acknowledge the connection between feelings and actions.

Grade Level Expectations: Acknowledge internal (personality styles, family, experiences) and external (peers, media, society) factors that influence decision-making. Understand the concept of dating and how internal and external factors contribute to healthy and unhealthy relationships.

6th Grade Interest

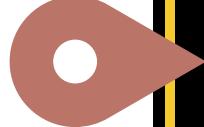


- Character Traits to RESIST Peer Pressure and Risky Behavior
- Puberty and Hygiene
- Reproductive Systems
- Middle School Preparation and Survival Tips
- Parental Involvement (Homework)

- Personal Power-Feelings, Responsibility, Choices
- Importance of Healthy Friendships
- Boundary Setting
- Refusal Skills
- Parental Involvement (Homework)

- Personality Styles
- Media Influences
- Infatuation vs. Love
- What is dating?
- Parental Involvement (Homework)
- Optional--WiseChoices DVD (HIV Education)

7th Grade Inform



Grade Level Expectations: Acknowledge internal (personality styles, family, experiences) and external (peers, media, society) factors that influence decision-making. Understand the concept of dating and how internal and external factors contribute to healthy and unhealthy relationships.

Grade Level Expectations: Recognize the benefits of delayed sexual onset. Develop strategies to resist sexual pressures. Compare and contrast healthy and unhealthy dating relationships. Understand components to successfully navigate dating relationships.

8th Grade Inspire



Grade Level Expectations: Summarize the difference between risk avoidance and risk reduction. Identify what qualifies as consent.

Grade Level Expectations: Define STIs and describe the signs and symptoms of STIs. Understand strategies to make healthy decisions about relationships and sexual health.

- Road Trip-
 - Future Thinking and Sexually Transmitted Infections
 - Protection (Contraception)
 - Strategies for Informed Dating
- Parental Involvement (Homework)

- Advice for Healthy Relationships (boundaries, intentionality, talk and time)
- Grooming and Unhealthy Relationships
- Steps of Physical Intimacy
- Parental Involvement (Homework)



Relationships...our greatest investment!
This curriculum is still in the development stage...

WeldWAITS Outcomes

WW lessons align with Colorado Academic Standards--
Healthy Relationships, Sexual, and Reproductive Health



Healthy Dating and Relationship Education

5th Grade (Introduce)

- Students will be able to:
- Define character
 - Analyze influence of good character on behavior
 - Define responsibility, excellence, self-control, patience, self-respect, and trust
 - Learn strategies to develop responsibility, excellence, self-control, patience, self-respect and trust
 - Identify the parts and functions of the reproductive systems
 - Discuss the changes that take place during puberty
 - Discuss the importance of proper care and hygiene during adolescence
 - Identify 5 important skills to be successful in middle school

6th Grade (Interest)

- Students will be able to:
- Learn about the four basic keys of personal power
 - Practice naming feelings and emotions and recognize the difference between having feelings and acting on them
 - Discuss the value in accepting responsibility
 - Learn how choices affect future outcomes
 - Brainstorm ways to celebrate making successful choices
 - Determine the qualities of a good friend
 - Establish the difference between healthy friends and unhealthy friends
 - Strategize ways to make and be a healthy friend
 - Describe the benefits of healthy friendships
 - Define the concept and need for personal boundaries
 - Personalize boundaries in their own life
 - Discuss how peer pressure can affect boundaries
 - Learn skills for communicating boundaries
 - Practice refusal skills using the "NICE" technique
 - Discuss the importance of respecting the boundaries of others

7th Grade (Inform)

- Students will be able to:
- Identify personality style and learn to appreciate the differences in others
 - Determine the strengths and weakness in each personality style
 - Learn about effective communication strategies for interacting with people in each personality style
 - Understand how to handle difficult relationships because of different personality styles
 - Discover the influences of media
 - Discuss the positives and negatives of social media (sexting optional)
 - Learn tips for healthy media usage
 - Discuss the differences between crushes, infatuation and love
 - Understand qualities of healthy relationships
 - Identify 4 types of love
 - Discuss what dating is, why people date, age to date, qualities to look for in a person you might date
 - Explain the dating steps and assess an appropriate, individualized timeline regarding dating
 - Realize the importance of respecting the age and boundaries that parents/trusted adults establish for them regarding dating

8th Grade (Inspire)

- Students will be able to:
- Discuss personal expectations in relationships
 - Evaluate personal boundaries
 - Learn practical ways to strengthen boundaries
 - Learn about the importance of good communication skills and spending quality time with people to develop healthy relationships
 - Learn definition of and types of grooming
 - Discuss consequences of grooming or being groomed
 - Understand the cycle of violence and types of abuse
 - Review strategies for developing healthy relationships and preventing unhealthy relationships
 - Discuss definition of intimacy and the physical steps of intimacy
 - Understand certain actions that can increase risk of STIs
 - Personalize own boundaries
 - Discuss and practice refusal skills

High School (Influence)

- Students will be able to:
- Explain the physical, mental, emotional, social, spiritual, and financial consequences of early sexual activity
 - Realize the benefits of delayed sexual onset
 - Compare healthy and unhealthy dating relationships
 - Understand the choice to abstain from sexual activity can occur at any point in time, even after having engaged in sexual activity in the past
 - Recognize the components of consent
 - Analyze the effectiveness and side-effects of FDA approved methods of contraception and condoms
 - Explain the increased risk of sexual activity when using alcohol and other drugs
 - Understand the connection between being future-focused and making good decisions now
 - Describe the signs, symptoms, and long-term complications of common STIs
 - Discuss transmission and prevention of STIs
 - Explain information regarding locations for testing and treatment