



# WeldWAITS Presentation List

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### 6<sup>th</sup> and 7<sup>th</sup> Grade Presentations (some appropriate for 5<sup>th</sup> grade)

Presentation	Description
Time for Change (Puberty and Hygiene)	Separate classes for boys & girls: reproductive anatomy, changes during puberty (including menstruation for girls), good hygiene skills
Personal Power	4 Keys to Personal Power—I feel, I am responsible, I have choices, and I celebrate (reward good choices and life of gratitude)
Discover YOU...First (Personality Styles)	Identifies personality styles, strengths, and weaknesses of each style; communication and relationships with different styles
True vs. Toxic Friends	Qualities of a good friend and toxic friends that should be avoided
Set the Line	Importance of boundaries, establishing healthy boundaries
Speak the Line	Importance of communicating boundaries and practical refusal skills
Live Life...Unplugged! (Media Navigation)	Influence of media on attitude, behavior, and choices; positive/negative aspects of media on relationships, navigation tips and skills
Don't get Crushed...	Different types of relationships—crushes, infatuation and love; what is love; healthy vs. unhealthy relationships
The Dating Ws	Dating steps—from friends to marriage; what is dating; importance of focusing on friendships now, personal boundaries
WiseChoices DVD	HIV education based on a true story (lived-experience)

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### 8<sup>th</sup> Grade and High School Presentations

Presentation	Description
BITT of Advice	Golden rule, boundaries, intentionality, communication, time (healthy dating)
Red-Flag Relationships	Types of relationships to avoid—unhealthy and abusive; cycle of violence, grooming tactics (red-flags)
Where do you draw your line? (Steps of Physical Intimacy)	Progression of sexual activity from the first look to intercourse; setting healthy boundaries in dating relationships
Strategies for Informed Dating	Future orientation—setting goals; making good decisions (barriers—include alcohol use); consent; relationship traps; 6 Cs for healthy relationships
Sexually Transmitted Infections	Transmission, signs and symptoms, testing, treatment and prevention
Contraception	Information not demonstration (options, cost, effectiveness, side effects, pros/cons—ultimately not one-size fits all, talk to medical provider)

### Catch-All Overview Presentations

Middle School	<b>Superhero Training</b>
	<ul style="list-style-type: none"><li>• Move over Batman, Spiderman, and all the rest! There's a new Superhero in town! This session will equip students with superpowers to successfully complete their mission of healthy relationships in the teen years!</li><li>• Presentation discusses 3 important aspects of all superheroes: sidekicks (friends), strength (character), and guts (patience)</li></ul>
High School	<b>Minions to the Rescue: Saving you from “Despicable” Relationships</b>
	<ul style="list-style-type: none"><li>• What does the movie “Despicable Me” have to teach us about relationships? Join us as we explore relationships through the eyes of Gru and his minions!</li><li>• Presentation discusses healthy versus unhealthy dating relationships by looking at boundaries, intentionality, communication, and time; as well as refusal skills to avoid unhealthy relationships.</li></ul>

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