

Practical Boundaries



- Avoid early, frequent, steady dating—enjoy group dating
- Never be alone in house (avoid isolation)
- Date like-minded people—who value your decision to wait, respect your boundaries
- Respect your curfews
- Control what you see and hear—avoid sexually explicit TV, movies, books, magazines and be careful on the internet
- Avoid sexually stimulating activities/discussions
- Dress/behave with modesty
- Avoid alcohol and drugs
- 2-year rule
- Set boundaries before the dating situation and communicate those boundaries.
- **HAVE A PLAN FOR THE DATE!!!**